

COMMUNITY VETERINARY OUTREACH 2022 ANNUAL REPORT

COMMUNITY MEDICINE FOR PEOPLE AND PETS

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ANNUAL REPORT CONTENTS



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WELCOME!

Community Veterinary Outreach provides preventive veterinary care for animals belonging to people in need, and through that connection with a beloved pet, we find opportunities to improve health for their human guardians. This is a One Health model of care that creates positive change for the lives of both pets and their humans.

CVO's mandate is to:

- Improve the health and welfare of both animals and people;
- Create multilateral collaborative partnerships with community organizations;
- Contribute to the scientific knowledge base on social issues involving animals; and
- Develop program models that are reproducible in other communities.





THANK YOU VOLUNTEERS!

Community Veterinary Outreach is a volunteer-based organization. What we do would not be possible without the support of each and every member of our Community Veterinary Outreach volunteer family. At the core of our organization are our incredible volunteers who donate their time, experience, and compassion to serve people and pets in need in our communities. We express heartfelt thanks to all volunteers.

Last year, over 5,000 hours were donated by veterinarians, students, veterinary technicians, veterinary assistants, nurses and nurse practitioners, pharmacists, dental hygienists, social workers and other human health partners, dog trainers, groomers, and community members across Canada.

Thank YOU for making our outreach work possible.



THANK YOU SPONSORS AND SUPPORTERS

Thank you to all our donors, funders, and sponsors who make Community Veterinary Outreach's work possible. Special thank you to David & Robyn Aaron, Mark & Audrey Kinghorn, and Dr. Mary Kinch.





2021/2022 IN REVIEW

Dear Friends, Volunteers, and Supporters,

Thankfully, 2021–2022 brought us back into the community to gradually resume program and service delivery. We have missed you!

This past year, we are excited to share that in addition to resuming outreach events and clinics in our established communities, CVO has piloted programs in 3 new communities in Canada: Saskatoon, SK, Simcoe, ON, and Whitehorse, YT. A significant amount of time and energy go into each new pilot program and requires on average 2 years of planning to get a pilot up and running.

Our programs wouldn't be possible without our dedicated Regional Directors and volunteers. As well, we receive generous support from our amazing donors and national funders, including PetSmart Charities of Canada, The Donner Canadian Foundation, and national sponsors who generously provide us with in-kind product, including Royal Canin Canada, Virbac Animal Health, Boehringer Ingelheim, Elanco, and Grey Wolf.

In the veterinary profession and animal welfare sectors, access to veterinary care is an increasingly debated and discussed subject. CVO has been on the frontline of this issue for almost 20 years. As an organization, community and society, we need to address the root causes of poverty, homelessness, and social determinants of health for both people and animals who are living vulnerably. To do this, we need both social and systems changes in human and animal sectors.

We've seen progress and change happen in the communities we are serving over the years. At every clinic and event across Canada, CVO volunteers model and advocate for the change they want to see and be, through compassionate care, respect, and collaboration. For this, our most heartfelt thanks.







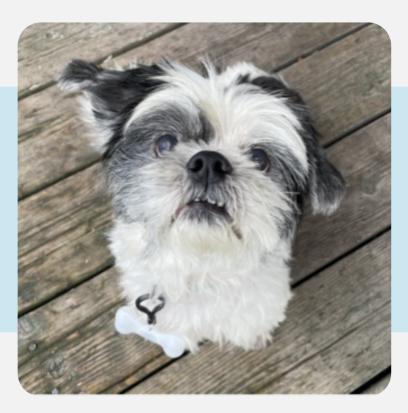
COVID-19 EMERGENCY RELIEF

- Through 2021 and 2022, the COVID-19 pandemic continued to increase the stresses and barriers faced by vulnerable populations including CVO clients and community partners.
- In the latter half of 2021, the CVO was happy to be able to resume outreach clinics and events!
- Meanwhile, the CVO continues to respond to increased community needs due to COVID-19 through the provision of emergency relief.



COVID-19 EMERGENCY RELIEF

 In partnership with PetSmart Charities of Canada and local pet boarding facilities, CVO was able to provide **313 days** of emergency temporary boarding in 2021/2022 for pets of those who required hospitalization or sheltering due to homelessness or domestic violence



- Charlie is a beloved pet who was boarded for several months due to his human's hospitalization. Long term care requirements necessitated re-homing Charlie. He was re-homed with a long term Outreach client who had recently lost his beloved dog to cancer. He is now in the care of his new extended family as his human Roland deals with his own health challenges.
- Charlie requires and will receive additional medical care.



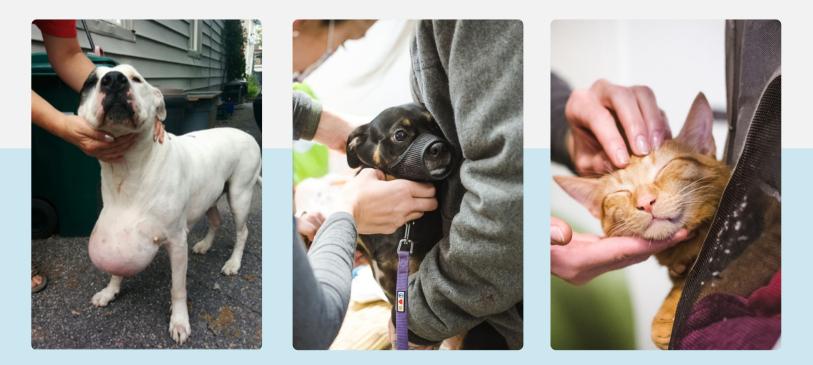
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COVID-19 EMERGENCY RELIEF

Urgent medical care was provided for 256 pets

- Care was provided through partner veterinary clinics.
- Clinics focus was on low barrier access for pet owners

471 units of pet food & supplies and **\$20,250** in gift cards to over **50** community agencies



2021/2022 CVO PROGRAMMING



At the start of the pandemic, CVO halted all in-person events. However, we were happy to begin resuming events and clinics across Canada including clinics and outreach in late 2021 through 2022!









CVO ACROSS CANADA

In each of our communities we work with three types of partners: veterinary partners who provide animal care; one health partners which provide human health and social services in the clinics; and, referring social service partners that provide facilities and refer clients to the clinics.

CVO Regional Directors

Ottawa: Drs. Susan Kilborn & Anne Downes. Toronto: Dr. Mark Kinghorn York Region: Dr. Angela Smith Simcoe: Kris Burns; Dr. Patty Lechten Whitehorse: Dr. Samantha Salter Winnipeg: Dr. Judy Hodge; Dr Jonas Watson;
Kelsey Clark
Saskatoon: Dr. Dayle Borchardt
Vancouver: Kelsi Jessamine;
Drs. Ashton Wickramaratne & Kyla Townsend
Kelowna: Wendy Jobs; Kelsi Jessamine

CVO NEW COMMUNITY PILOTS 2021/22

CVO Saskatoon

CVO Simcoe









CVO Whitehorse





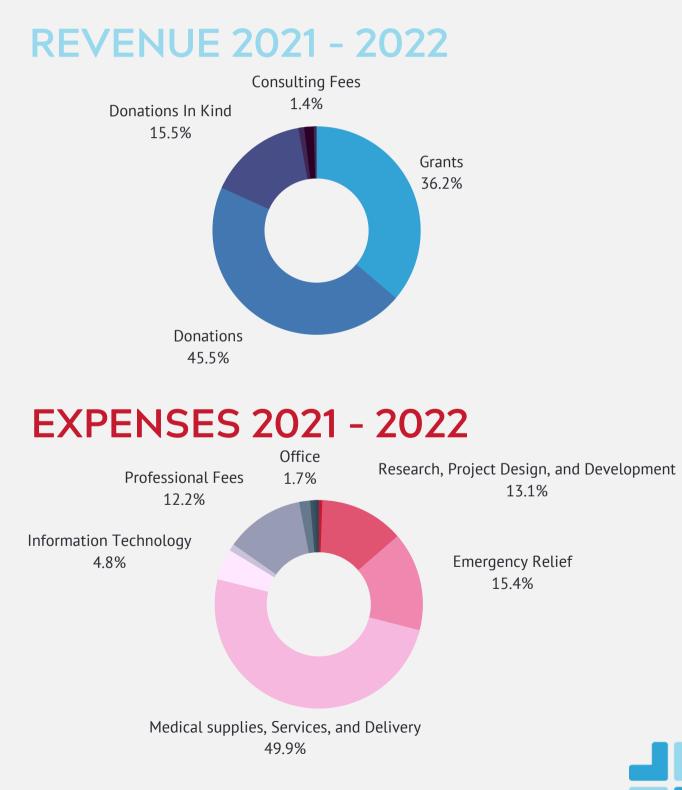
CVO NEWSLETTERS 2021/2022

In 2021, the CVO started curating and releasing newsletters to our community of partners, clients, and volunteers to highlight client and pet stories, cover new and relevant research, and promote upcoming CVO events.



STATEMENT OF OPERATIONS

For the year end March 31st, 2022



ANNUAL REPORT 2021 - 2022

ONE HEALTH



Community Veterinary Outreach uses a One Health model for service delivery, advocacy, and research. In 2021/2022, we continued to provide One Health services to support the health of both people and their pets.

WHAT IS ONE HEALTH?

This model of care looks at how human, pet, and environmental health is intertwined and through an interdisciplinary team, we collaborate to attain optimal health for humans, animals and the environment.





ANIMAL CARE GUIDELINES FOR EMERGENCY CO-SHELTERING The pocket guide

Michelle Lem DVM, MSc, MSW, RSW Brianna Jennings BA, MSW candidate Sophie Neumann BScH, MPH



- 2020/2021 saw the development of the Animal Care Guidelines for Emergency Co-Sheltering to support shelters in accepting pets.
- In 2021/2022, we improved accessibility to this information through development of the adapted illustrated pocket version of Animal Care Guidelines for Emergency Co-Sheltering.

ONE HEALTH AT CVO

Presentations:

- Ontario Association of Veterinary Technicians Conference, March 2022. Keynote presentation: "Challenges faced by vulnerable pet owners: The lessons of COVID-19"
 - Dr Susan Kilborn, CVO; Barb Szymanski, case worker at Ottawa Salus.
- Greenshield Canada symposium: Access to Oral Health: Advancing our Shared Vision – April 2021. Breakout session – "Interdisciplinary Models: Integration of Oral Health with other Services."
 - Dr Susan Kilborn, CVO and Amanda Acker, Floss Dental Collective.

New One Health Partnerships:

- MANTRA (Manitoba Tobacco Reduction Alliance) attended Outreach clinics in the Winnipeg region and provided smoking cessation counselling together with University of Manitoba School of Pharmacy students (Fall 2021)
- Klinic Community Health continued to provide harm reduction and sexual health testing at Outreach clinics in the Winnipeg region, and added flu and COVID vaccine support for clinic events.
- Ottawa Public Health increased its presence in Ottawa region to provided flu and COVID vaccines at every clinic event held during the pandemic, including 2021 - 2022.
- Ottawa region pet fair event in the fall 2021 at a COVID Respite Centre allowed human health service for vulnerable populations in a specific COVID service platform, including oral health access, smoking cessation, and primary nursing care.
- Saskatoon partnered with University of Saskatchewan Student Wellness for their inaugural pilot pet fair event in April 2022. They provided COVID education, nutrition education and healthy snacks, and child programming. Saskatchewan Heath Authority – Public Health provided COVID vaccines.
 - Prairie Harm Reduction is a partner for ongoing One Health clinic events, providing information on safe consumption sites, naloxone kits and training, and sexual health testing.



CVO RESEARCH

CVO research and advocacy focuses on expanding the current knowledge base pertaining to the health and wellbeing of under-housed pet owners and their pets. This includes access to information and services, improving and supporting pet policies and capacities at shelters, and addressing attitudes towards underhoused pet owners and the effects of stigma.



2020-2021 research and advocacy at the CVO:

> Can J Dent Hyg. 2022 Jun 1;56(2):98-103. eCollection 2022 Jun.

Improving oral health care accessibility for homeless and vulnerably housed pet-owning populations

Brianna M Jennings ¹, Michelle Lem ², Susan Kilborn ², Blánaid Donnelly ², Amanda Acker ² Affiliations + expand PMID: 35811601 PMCID: PMC9236561

Free PMC article

- Improving oral healthcare accessibility for homeless and vulnerably-housed petowning populations
 - Brianna M. Jennings, Michelle Lem, Susan Kilborn, Blánaid Donnelly, and Amanda Acker
 - Canadian Journal of Dental Hygiene (published June 2022)
- Providence Health Care Practice-based Research Challenge Award of \$5,000

CVO BOARD OF



SARAH SASSO Chair Strategy



YAN QING Finance and Audit



CHASE IRWIN Legal



CHRISTINE HARTIG Policy



CHRIS HAUSER Treasurer Finance



NATASHA FERNANDO Governance and Policy



SUSAN KILBORN One Health

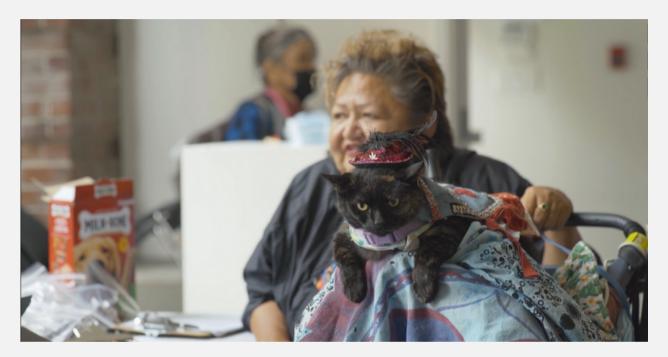


SUSAN JONES Communications



MICHELLE LEM Founder

LEARN MORE ABOUT CVO



CVO Vancouver 2022 on Vimeo



https://vetoutreach.org/about-us/